



PRACTITIONER NOTIFICATION

 American Specialty Health®

Cigna

Medical Coverage Policy Update

You are receiving this notice because you are a contracted practitioner with American Specialty Health (ASH) and have been identified as a practitioner eligible to treat **Cigna** members for chiropractic or rehabilitative services.

Cigna routinely reviews their coverage, reimbursement, and administrative policies for potential updates. In that review, they take into consideration one or more of the following: Evidence-based medicine (EBM), professional society recommendations, Centers for Medicare & Medicaid Services (CMS) guidance, industry standards, and our other existing policies.

WHAT THIS MEANS TO YOU

As a result of a recent review, physical therapy, occupational therapy, and chiropractic claims submitted with greater than four units (60 minutes) of timed, Physical Medicine and Rehabilitation CPT® codes or HCPCS codes per patient, per day, per provider will be denied as being not medically necessary. **This update is effective for dates of service on or after October 15, 2022.**

The three cobranded Cigna/American Specialty Health (ASH) medical coverage policies will be updated to reflect this change: Chiropractic Care (CPG278), Occupational Therapy (CPG155), and Physical Therapy (CPG135).

Policies are posted on the ASHLink® website (www.ASHLink.com) under Resources > Providers > Clinical Quality and Clinical Practice Guidelines > Cigna/ASH Medical Coverage Policies.

If you have any questions regarding the contents of this notice or wish to activate your ASHLink account (www.ASHLink.com), the ASH secure practitioner portal, please contact our customer service department at 800.972.4226, option 2. ASHLink allows you to conveniently verify member eligibility/benefits, submit claims, and access the most current ASH materials. Our agents are available to assist you Monday through Friday from 5 am to 6 pm Pacific time.

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