

# Functional Nutrition Working Group Newsletter

August 19, 2022

Interested in Learning More about the FNWG? Contact Linda Hoffman at pca@pennchiro.org

## **Dermatology: Why the skin?**

### Some of the conditions that can show on the skin, hair, and nails include:

Lupus Graves disease Infections Amyloidosis

Psoriasis Cushing's syndrome STD/STI HIV

Lyme disease Scleroderma Reiter's syndrome Pruritus

Diabetes Rheumatic disease Thrombophlebitis Raynaud's disease

Hypothyroid Cancers Paget's disease Leukemia

#### What to look for with these conditions:

- Look for itching
- New sleep disturbances
- Severe recurrent associated with systemic disease
- Psychoneurotic associated with anxiety
- Odor
- Color change
- Cyclic changes by diet or travel

## **Proper Testing**

- NMS—for inflammatory and arthritic conditions
- GI/GU—food allergies, diabetes, thyroid, and infections
- Cardiorespiratory—edematous conditions
- Blood/Urine—systemic conditions
- Biopsy—cancers or undetermined
- Woods lamp—fungal and infestations



#### **CONTACT US**

The FNWG continues to work on seminars and educating our members. We have received many requests and interests about the group. If you have any seminar requests or interests please contact us at drgraydc@gmail.com.

**THANK YOU!** 

Disclaimer. All content, including text, images, or other formats were created for informational purposes only and do not serve as medical advice nor should be relied upon as such. The content is general information for PCA Members only and is NOT intended to be a substitute for professional medical advice, diagnosis, or treatment. The statements and information have not necessarily been evaluated by the Food and Drug Administration. Professional medical advice and consultation should never be disregarded nor should seeking it be delayed because of this information. The Pennsylvania Chiropractic Association expressly disclaims to any person or entity for any liability, loss or damage caused or alleged to be caused directly or indirectly as a result of the use, application or interpretation of any information provided herein. Chiropractors should seek a legal opinion from an attorney for interpretation of Pennsylvania laws and regulations including scope of practice.