

## Animal Working Group Newsletter

August 2023

## Stress/Exercise in Horses

- Horses are herd animals with a strong need to socialize
- If possible, they should always be turned out in groups
- Exercise should be in a space large enough for a full gallop



## **Stress/Exercise in Dogs**

- Should be walked multiple times a day
- Have time off the leash to play
- Dogs are social and may benefit from having canine companions
- Normally, considered pack animals, they require a balanced leader



## Member Involvement

The Animal Working Group is currently working on getting established to help educate and provide resources for our members. If you are interested in learning or have a passion for animals, please reach out to Linda Hoffman at ceconvention@pennchiro.org or Dr. Gray at drgraydc@gmail.com for more information!

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