

Dr Kurt Juergens

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www.DrJuergens.com

Education

D.C. – Doctor of Chiropractic: Summa Cum Laude Graduate of Texas Chiropractic College 1988

C.C.S.P. – Certified Chiropractic Sports Physician: Texas Chiropractic College Post Graduate 1991

Brigham Young University: 1981-1985

B.S. Human Biology

Internships

Chiropractic: Moody Health Center 1987-1988

Orthopedic Surgery Intern Rotation: The University of Texas Health Science Center
and Hermann Hospital, Attending Physician, Bruce Brunner, M.D. September 1988- December 1988

Chiropractic License

Texas: 1988- Present. License Number 4974

Utah: 1988- Present. License Number 175729-1202

Sports Medicine Experience

- U.S. Men's Clay Court Tennis Championships Sports Medicine Team 2006-2012
- High School Sports Medicine Team, District 17-5A Houston, TX 2008-Present
- National Karate Championships Medical Director 1999
- National Aerobic Championships Team Physician 1995-1997
- National Tae Kwon Do Championships Sports Medicine Team 1995
- NCAA Track & Field Championships Sports Medicine Team 1993
- U.S. Olympic Track & Field Trials Sports Medicine Team 1992
- Gizi's International Gymnastics Training Center Team Physician 1989-1994
- New Jersey Waterfront Marathon Sports Medicine Team 1988

Professional Journal Published Papers

- Extremity Concerns In Top Athletes- Dynamic Chiropractic Pub-
May 2020
- Avoiding Preventable Surgeries by Providing The Right

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Environment-Success Magazine-March 2021

- Orthotics In a Multidisciplinary Practice- Chiropractic Economics Pub-March 2020
- High Level Athletes and Orthotics-Chiropractic Economics Pub-May 2021
- The Role of Custom Orthotics in Preventing Sports Injuries-The American Chiropractor Pub- November 2, 2021 Volume 43
- Technical Issues With The Feet and Common Lower Extremity Injuries-Chiropractic Economics- March 2022
- Young Athletes and Their Feet- Chiropractic Economics Pub-June 2022
- The Feet and Injury Prevention- Chiropractic Economics Pub August 1, 2022 Issue 12
- Propulsion and Athletic Performance- Chiropractic Economics Pub December 18, 2022 Issue 20
- The Four Pillars of Health and Wellness- Chiropractic Economics Pub May 21, 2023 Issue 8

Professional Lectures/Presentations

- Arizona Chiropractic Association
- Arkansas Chiropractic Association Annual Conference
- Medical Massage Therapy Association Annual Conference
- Texas Chiropractic College Homecoming Convention
- Pre-Med/Pre-Chiropractic Program at Brigham Young University
- Active Care Webinar Series for The Vitality Health Depot
- Foot Levelers, Inc Webinar Series Presenter
- Foot Levelers, Inc National Lecturer
- Sports Rehab, Multidisciplinary Relationships, & Lower Extremity Biomechanics (Florida Chiropractic Association Panhandle Convention 2014)
- Developing an Active Care Practice (Georgia Chiropractic Association- GCA 2014 Spring Conference)
- 21st Century Chiropractic Practice (Texas Chiropractic College Annual Convention, July 2014)
- Sports Rehab & Multi-Disciplinary Relationships (ACA Sports Council Annual Conference-Portland, OR October 2015)

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- Sports Rehab & Lower Extremity Biomechanics (Parker Seminars-Dallas, TX October 2014)
- Lower Extremity Biomechanics (FLI Biomechanics Institute)Lecture Series- Roanoke, VA November 2014)
- Lower Extremity Biomechanics Webinar (FLI Australia- January 2015)
- Active Care & Multi-Disciplinary Relationships: Keys to Success for the 21st Century Chiropractic Practice- (ISCA Conference, Indianapolis, IN. March 14-15, 2015)
- Lower Extremity Injury Management and Sports Rehab-(MCA Conference, Baltimore, Maryland. March 21-22, 2015)
- Caring For The High School Athlete (Parker Seminars-Dallas, TX. October 29-31, 2015)
- Tools & Techniques for a Sports Chiropractic Practice (12 Hour CEU Presentation-SLC, UT. (February 20-21, 2016)
- Caring For the Student Athlete –ACA’s NCLC Conference- Washington, DC (February 27, 2016)
- Tools & Techniques for a Sports Chiropractic Practice (12 Hour CEU Presentation-Columbia, SC (March 12-13, 2016)
- Tools & Techniques for a Sports Chiropractic Practice (12 Hour CEU Presentation-Overland Park, Kansas (April 16-17, 2016)
- Tools & Techniques for a Sports Chiropractic Practice (12 Hour CEU Presentation) Philadelphia, PA (May 14-15, 2016)
- Caring For The Student Athlete- Breakthrough Coaching Seminar (2 Hour CEU Presentation-New Orleans, LA (June 25, 2016)
- Caring For The Student Athlete- Texas Chiropractic College Annual Convention (2 Hour CEU Presentation)-The Woodlands, TX (July 16, 2016)
- Treating The Student Athlete & Building A Sports Chiropractic Practice- Colorado Chiropractic Association Annual Convention (8 Hour CEU Presentation)-Englewood, CO (October 29, 2016)
- Tools & Techniques for a Sports Chiropractic Practice (12 Hour CEU Presentation)-Roanoke, VA (December 3-4, 2016)
- Tools & Techniques for a Sports Chiropractic Practice (12 Hour CEU Presentation)-Phoenix, AZ (December 10-11, 2016)
- Caring For The Student Athlete Webinar (Illinois Chiropractic Association- December 29, 2016)
- Caring For The Student Athlete Webinar (February 14, 2017)
- Tools & Techniques for a Sports Chiropractic Practice (12 Hour CEU Presentation)-Albuquerque, NM (March 10-12, 2017)
- Tools & Techniques for a Sports Chiropractic Practice (12 Hour

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- CEU Presentation)-Minneapolis, MN (April 1-2, 2017)
- Tools & Techniques for a Sports Chiropractic Practice (12 Hour CEU Presentation)-Asheville, NC (May 20-21, 2017)
- Tools & Techniques for a Sports Chiropractic Practice (12 Hour CEU Presentation)-Pennsylvania Chiropractic Association Conference (July 8-9, 2017)
- Sports Chiropractic (6 Hour CEU Presentation-Tennessee Chiropractic Association's 2017 Southern Chiropractic Conference, August 19, 2017)
- The Sports Medicine Team and Your Role in Caring for the Student Athlete (1 Hour CEU Webinar Presentation, August 24, 2017)
- Sports Chiropractic Practice (6 Hour CEU Presentation-Chiropractic Association of Louisiana, September 16, 2017)
- Tools & Techniques for a Sports Chiropractic Practice (8 Hour CEU Presentation-Indiana State Chiropractic Association, May 20-21, 2017)
- Tools & Techniques for a Sports Chiropractic Practice (12 Hour CEU Presentation-Boise, ID, October 7-8, 2017)
- Tools & Techniques for a Sports Chiropractic Practice (12 Hour CEU Presentation-Portsmouth, NH, October 14-15, 2017)
- Tools & Techniques for a Sports Chiropractic Practice (12 Hour CEU Presentation-Louisville, KY, October 28-29, 2017)
- Tools & Techniques for a Sports Chiropractic Practice (12 Hour CEU Presentation-Cedar Rapids, IA, November 18-19, 2017)
- Lower Extremity Biomechanics and the Management of Common Lower Extremity Injuries (1 Hour CEU Webinar Presentation- November 30, 2017)
- Tools & Techniques for a Sports Chiropractic Practice (15 Hour CEU Presentation-Georgia Chiropractic Association, December 9-10, 2017)
- Tools & Techniques for a Sports Chiropractic Practice (12 Hour CEU Presentation- January 27-28, 2018 Boston, MA)
- Tools & Techniques for a Sports Chiropractic Practice (12 Hour CEU Presentation- February 24-25, 2018 Milwaukee, WI)
- Sports Chiropractic (4 Hour CEU Presentation -March 10, 2018 El Paso, TX, Texas Chiropractic Association Mid-Winter Conference)
- Tools & Techniques for a Sports Chiropractic Practice (12 Hour CEU Presentation- March 24-25, 2018 Columbus, OH)
- Tools & Techniques for a Sports Chiropractic Practice (12 Hour CEU Presentation- May 5-6, 2018 Dallas, TX)
- Tools & Techniques for a Sports Chiropractic Practice (12 Hour

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- CEU Presentation- June 2-3, 2018 Denver, CO)
- Tools & Techniques for a Sports Chiropractic Practice (12 Hour CEU Presentation- June 9-10, 2018 Phoenix, AZ (Arizona State Chiropractic Conference)
- Tools & Techniques for a Sports Chiropractic Practice (12 Hour CEU Presentation- June 29-30, 2018 State College, PA (Pennsylvania Chiropractic Association Conference)
- Lower Extremity Biomechanics (4 Hour Presentation- September 22, 2018 Philadelphia, PA (Foot Levelers Inc Practice Accelerator Program)
- Sports Rehab (6 Hour CEU Presentation- October 13, 2018 San Diego, CA (CalChiro 2018 Convention)
- Tools & Techniques for a Sports Chiropractic Practice (8 Hour CEU Presentation- November 10-11, 2018 San Francisco, CA)
- Tools & Techniques for a Sports Chiropractic Practice (8 Hour CEU Presentation- December 1-2, 2018 Oklahoma City, OK)
- Lower Extremity Biomechanics & Management of Common Sports Injuries (1 Hour CEU Webinar Presentation- January 16, 2019 Association of New Jersey Chiropractors)
- Sports Rehab (8 Hour CEU Presentation- February 16, 2019 Texas Chiropractic Legislative Conference- Austin, Tx)
- Active Care and Rehab (12 Hour CEU Presentation- March 30-31, 2019- Kansas Chiropractic Association Spring Convention- Wichita, KS)
- Lower Extremity Biomechanics (5 Hour Presentation- April 27, 2019 Chattanooga, TN (Foot Levelers Inc Practice Accelerator Program)
- The Sports Medicine Team and Your Role in Caring for the Student Athlete (1 Hour CEU Webinar Presentation- August 6, 2019 Association of New Jersey Chiropractors)
- Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries (8 Hour Presentation- May 18-19, 2019 Annapolis, MD) (Foot Levelers Inc Practice Accelerator Program 5 Hours)
- Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries (8 Hour Presentation- June 1-2, 2019 Rochester, NY) (Foot Levelers Inc Practice Accelerator Program 5 Hours)
- The Over Trained Youth Athlete & Management Of Common Sports Injuries (4 Hour Presentation- September 7-8, 2019 Atlanta, GA) (Foot Levelers Inc Practice Accelerator Program 5 Hours)
- The Structural Fingerprint Exam The Most Advanced

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- Biomechanical Assessment (4 Hour Presentation- September 22, 2019 Michigan Association of Chiropractors Fall 2019 Convention)
- Lower Extremity Biomechanics...Connecting the Dots-The Patient's Perspective (2 Hour Presentation- October 3, 2019 FLI Biomechanical Institute- Roanoke, VA)
 - The Over Trained Youth Athlete & Management Of Common Sports Injuries (4 Hour Presentation- October 19-20, 2019 Charlotte, NC) (Foot Levelers Inc Practice Accelerator Program 5 Hours)
 - Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries (8 Hour Presentation- October 26-27, 2019 Maine Chiropractic Association Annual Conference-Portland, ME)
 - Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries (4 Hour Presentation- November 2, 2019 Ohio State Chiropractic Association Annual Conference-Columbus, OH)
 - Webinar- Lower Extremity Biomechanics and the Management of Lower Extremity Injuries (Australia- November 6, 2019)
 - Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries (8 Hour Presentation- November 9-10, 2019 Seattle, WA) (Foot Levelers Inc Practice Accelerator Program 5 Hours)
 - Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries (8 Hour Presentation- November 23-24, 2019 Hartford, CT)
 - Foot Levelers Inc Practice Accelerator Program Lower Extremity Biomechanics...Connecting the Dots-The Patient's Perspective (5 Hour Presentation- December 7, 2019 Houston, TX)
 - Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries (12 Hour CE Presentation- February 29-March 1, 2020 Cedar Rapids, IA)
 - Webinar-The Sports Medicine Team and Your Role in Caring for the Student Athlete- 1 Hour- March 26, 2020
 - Webinar- Lower Extremity Biomechanics and the Management of Lower Extremity Injuries- 1 Hour- April 2, 2020
 - Caring For The Student Athlete (8 Hour Zoom Presentation- April 25-26, 2020 Association of New Jersey Chiropractors Convention)
 - Webinar-Connecting the Dots-The Power of Educating Your Patients- 2 Hour- May 12, 2020
 - Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries (12 Hour Presentation- July 11-12, 2020 Philadelphia, PA)

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- Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries (6 Hour Presentation- July 25, 2020 New York Chiropractic College Convention)
- Webinar-Caring for the Student Athlete- 1 Hour- Aug 27, 2020
- Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries (8 Hour Presentation- September 19, 2020 Portsmouth, NH)
- Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries (8 Hour Presentation- September 26, 2020 Wisconsin Chiropractic Association Fall Convention- Milwaukee, WI)
- Caring for the Student Athlete and The Management of Common Lower Extremity Injuries (6 Hour Zoom Presentation- October 3, 2020 New York Chiropractic College)
- Custom Orthotic Gait Analysis Training (6 Hour Presentation- October 24, 2020 Boston, MA)
- Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries 12 Hour CE Presentation- November 7-8, 2020 Wichita, KS)
- Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries (8 Hour CE Presentation- November 21, 2020 Salt Lake City, UT)
- Webinar- Sports Chiropractic from Your Head to Your Toes-1 Hour- November 10, 2020
- Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries 12 Hour CE Presentation- April 10-11, 2021, Salt Lake City, UT)
- Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries 12 Hour CE Presentation- April 24-25, 2021 Virtual)
- Sports Injury Diagnosis & Management/Rehab 4 Hour CE Presentation- April 24-25, 2021 Virginia Chiropractic Association- Pre-Recorded)
- Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries 12 Hour CE Presentation- May 1-2, 2021 Chicago, IL)
- Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries 6 Hour CE Presentation- June 13, 2021 Alabama State Chiropractic Annual Convention)
- Webinar- Managing Sports Injuries From Head to Toe- Indiana State Chiropractic Association- June 17, 2021
- The Sports Medicine Team- 2 Hour CE Presentation- September 19,

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2021 New York Chiropractic College)

- Webinar- Managing Sports Injuries From Head to Toe-August 17, 2021
- Management of Common Sports Injuries- 12 Hour CE Presentation- October 30-31, 2021- Penn State, State College, PA)
- Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries 12 Hour CE Presentation- October 23-24, 2021 Charleston, SC)
- Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries 12 Hour CE Presentation- November 20-21, 2021 Baltimore, MD)
- Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries 12 Hour CE Presentation- December 4-5, 2021 Newark, NJ)
- Management of Lower Extremity Injuries- Virtual Seminar- 6 Hour CE Presentation- Pre-Recorded- January 15, 2022
- Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries- 8 Hour CE Presentation- January 15, 2022 Missouri Chiropractic Physicians Association Conference
- Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries 16 Hour CE Presentation- February 26-27, 2022 Oklahoma Chiropractic Association Conference
- Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries 12 Hour CE Presentation- March 5-5, 2022 Davenport, IA
- Managing Sports Injuries from Head to Toe 4 Hour Virtual CE Seminar- March 17, 2022
- Foot Levelers Inc, Orthotic Workshop 6 Hour Presentation- April 2 2022 Daytona Beach, FL
- Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries 8 Hour CE Presentation- January 15, 2022 Missouri Chiropractic Physician Association Conference
- Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries 12 Hour CE Presentation- April 9-10, 2022 Virginia Beach, VA
- Lower Extremity Biomechanics & The Management of Common Lower Extremity Injuries 12 Hour CE Presentation- April 23-24, 2022 San Francisco, CA
- Managing Sports Injuries From Head to Toe- 8 Hour CE Presentation- April 30- May 1, 2022 Michigan Association of Chiropractors Convention- Traverse City, MI
- Lower Extremity Biomechanics & The Management of Common

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- Lower Extremity Injuries 8 Hour CE Presentation- May 21, 2022
Association of New Jersey Chiropractors- Atlantic City, NJ
- Management of Common Lower Extremity Injuries- 6 Hour Virtual
CE Presentation- June 15, 2022
- Lower Extremity Biomechanics & The Management of Common
Lower Extremity Injuries 4 Hour CE Presentation- June 11, 2022
CHIROTTEXPO Annual Conference
- Managing Sports Injuries From Head to Toe 6 Hour CE
Presentation- August 6, 2022 Pennsylvania Chiropractic
Association Conference
- Foot Levelers, Inc Orthotic Workshop- 6 Hour presentation August
20, 2022 Houston, TX
- Managing Sports Injuries From Head to Toe 4 Hour CE
Presentation- September 10, 2022 Missouri Chiropractic Association
Conference
- Lower Extremity Biomechanics & The Management of Common
Lower Extremity Injuries 12 Hour CE Presentation- September 24-
25, 2022 Providence, RI
- Managing Lower Extremity Sports Injuries 2 Hour CE
Presentation- October 21, 2022 Missouri Chiropractic Association
Conference at Cleveland Chiropractic College
- Foot Levelers, Inc Orthotic Workshop 6 Hour Presentation-
November 4, 2022 Milwaukee, WI
- Lower Extremity Biomechanics & The Management of Common
Lower Extremity Injuries 12 Hour CE Presentation- November 5-6,
2022 Milwaukee, WI
- Managing Sports Injuries From Head to Toe 2 Hour CE
Presentation- December 3, 2022 ProSport Chiropractic Conference
Las Vegas, NV
- Lower Extremity Biomechanics & The Management of Common
Lower Extremity Injuries 12 Hour CE Presentation- December 10-
11, 2022 Columbus, OH
- Lower Extremity Biomechanics 6 Hour CE Presentation- March 4,
2023 Life University Marietta, GA
- Managing Sports Injuries From Head to Toe 6 Hour CE
Presentation- March 18, 2022 Wisconsin Chiropractic Association
- Lower Extremity Biomechanics & The Management of Common
Lower Extremity Injuries 12 Hour CE Presentation- April 15-16,
2023 Columbus, OH
- Foot Levelers Inc, Practice Accelerator Workshop 6 Hour
Presentation- April 29, 2023 Roanoke, VA
- Lower Extremity Biomechanics & The Management of Common

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Lower Extremity Injuries 12 Hour CE Presentation- June 10-11,
2023 Washington, DC

Corporate Professional Experience

- MetroNational Corporation Medical/Wellness Director 2012-Present
- Igloo Corporation Medical Director 1990-2000
- Forte Elements Nutrition Company Medical Advisory Board Present

Corporate Lecture Experience

- Igloo Corporation
- Chevron Corporation
- Exxon Corporation
- DuPont Corporation
- Shell Corporation
- BP Corporation
- Conoco Phillips Corporation
- Cooper Industries
- MetroNational Corporation

Professional Development

- Private Practice, Houston, Texas 1989-Present
- Post Graduate Chiropractic Sports Physician Program 1991-1992
- Diagnosis & Management of Low Back Disorders- SE Back Institute 1992
- Manipulation Under Anesthesia Certification Program 1990-1991
- Orthopedic Surgery Intern Rotation, The University of Texas 1988

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Health Science Center and Hermann Hospital, Houston Texas
Medical Center

- Director of Chiropractic for the Back Pain Disease Management Telemedicine Program. Program Director, Kim Dunn, PhD, MD, Associate Dean of the School of Health and Information Sciences at the University of Texas Health Science Center. 2001-2004

Affiliations

- President/CEO, GainFlex. A flexibility improvement product company 2011-Present
- Texas Chiropractic College Board of Regents Member 2009-2015, 2017 to Present
- American Chiropractic Board of Sports Physicians
- Texas Chiropractic Association

Community

Athletic Booster Club President- Langham Creek High School
District 16 Safety Director- Little League Baseball
Board of Directors- Bear Creek Little League
High School Summer Varsity Baseball Coach
High School Varsity 7on7 Football Coach
Scoutmaster- Boy Scouts of America

Personal Achievements

Eagle Scout
Finisher 1997 Houston Methodist Marathon
Finisher 1998 Houston Methodist Marathon
Finisher 1998 Austin Motorola Marathon
Finisher 1998 St. George Marathon
Finisher 1999 Austin Motorola Marathon
Finisher 2000 Houston Marathon
Finisher 2000 Austin Motorola Marathon

Other Experience

- Featured as Medical Expert on Discovery Channels, One Step Beyond Program
- Featured in *Chiropractic Economics* Magazine, February 9, 2004, "From Talk Radio To Telemedicine"
- Featured Guest on Health Talk Houston, a daily radio program. Dr. David Mobley, MD, host. 1992-Present
- Featured in *Success Express* Magazine, Vol. 30 No. 2 October 2015 – *The Juergens Legacy*

- Director of Chiropractic Back Pain Disease Management Telemedicine Program- Director, Kim Dunn, PhD, MD, Associate Dean of the School of Health and Information Sciences at the University of Texas Health Science Center.